



# SHSSN

South Hillingdon School Sports Network





***"Working together to inspire through sport"***

***SHSSN aims to enhance the lives of students, by creating opportunities to take part in sport either as participant, leader or performer. Founded on the Olympic and Paralympic values, our work promotes self-esteem, healthy and active lifestyles, and the development of life skills. We believe that a thriving sports provision in our area can best be achieved by schools working together across age groups in local hubs, in a spirit of genuine partnership.***

The Olympic and Paralympic values are at the forefront of all our events and we believe that a thriving sports provision in our area can best be achieved by schools working together across age groups in local hubs, in a spirit of genuine partnership.

SHSSN grew out of Barnhill School Sports Partnership, which has existed since 2006. When the funding changed in 2011, SHSSN was the successor organisation, and has been operating since September 2011. Over this time SHSSN has worked with 14 Primary schools in 2 clusters (Barnhill and Long Lane), 1 Special Primary (Hedgewood), 1 Special School (Meadow) and 3 Secondary schools (Barnhill, Swakeleys and Abbotsfield).

SHSSN now has its own Board, which is made up of Primary and Secondary Headteachers, with primary schools being the driving force behind the group. We believe that moving forward, SHSSN can continue to benefit local schools and their students.

Barnhill and Swakeleys are continuously committed to putting their resources into the partnership via staff release time, as they have valued the work of the partnership over many years.

Last year we introduced the SHSSN Infant School Games Mark to address the lack of PE and School Sport accreditation for Key Stage 1. This was modelled on the successful Silver and Gold schools who were offered the opportunity to submit their applications.



The School Games is a programme delivered through a partnership between the Department for Culture, Media and Sport, the British Paralympic Association,



(L to R): Yeading Junior (Gold), Oak Farm Infants (Gold) and Grange Park Infants (Bronze)

Sport England and the Youth Sport Trust. Schools can earn a school games mark for their commitment to competition as well as to PE and school sport.

In 2011-12 there were only 2 SHSSN schools achieving a bronze and silver award. This number has grown, year on year and in 2014-15 SHSSN schools have done fantastically well with their School Games Marks and achieved an amazing 2 bronze, 2 Silver and 7 Gold School Games Marks. Well done

to all of our schools for applying for the Games Mark and progressing up a level, especially to

Hayes Park, Hillingdon, St Andrews, St Bernadettes, Highfield, Oak Farm Junior and Yeading Junior for achieving GOLD.





## Young Coaches Academy

In December 2015, Yasmine Ferguson (Platinum Ambassador) and Luke Miller (Silver Ambassador) from Barnhill Community High, applied to become part of the London Youth Game, Young Coaches Academy. Out of 43 applicants, Yasmine and Luke were chosen to take part in the scheme along with another 23 students from the London area.



The academy has been established to create a clearer pathway between the developments of young coaches in schools to the community setting. Yasmine and Luke have taken part in a variety of training sessions that have helped develop their leadership and employability skills, with particular focus on understanding and developing a coaching philosophy, as well as considering honesty and ethics when delivering sport. They have both now be assigned a club to volunteer at and will have a big part to play in this year's London Youth Games at Crystal Palace.

**[www.getset.co.uk](http://www.getset.co.uk)**

The 'Get Set' website is a fabulous resource for schools to continue the legacy work from 2012, including information on the Winter Olympic



## Tasters, Community Clubs & Coaches

This year SHSSN has worked with local community clubs to deliver taster sessions in various different sports. Coaches have then run festivals at their club base. By running these tasters and festivals, we are looking to support local clubs and their junior sections to hopefully signpost parents and children to their club.

Tasters for 15/16 included:

- **BMX:** Hayes Hawkes BMX
- **DANCE:** Footloose Dance
- **FOOTGOLF:** Hanger Lane Footgolf
- **TRIGOLF:** London Pitch & Putt Golf
- **TAEKWONDO:** TKD Academies
- **BOCCIA & NEW AGE CURLING:** Disability Coach UK

## Primary School Quotes

*"We've really enjoyed the wide range of taster session"*

*"Really enjoyed it today, the kids did too, one child brought in work that he did independently last night. He was inspired by the session."*

*"The two coaches were on the ball and had a lovely rapport with the children. Also the two girls from Swakeleys were excellent; they interacted with the classes and were fully engaged."*

*"All the kids were really enthusiastic and enjoyed the sessions. I was speaking to a couple of the teachers and they were keen to continue the sessions and were talking about potentially having an after school club for blind football."*

*"The leaders from Barnhill were great all week"*



## Olympic / School Games Festivals

This gives Secondary students the opportunity to lead over 400 primary students from Year 2 and Year 4 in various sporting activities. It also gives the primary students a chance to come and see their local secondary school and be active and have fun at the same time. The 100 plus leaders used to run the event gain valuable leadership skills and it often gives them the confidence to go on and volunteer more inside and outside of school. At each of the events the underlying theme was the Olympic and Paralympic values and students are rewarded for displaying these values.

This year Young Ambassadors were given the responsibility to also run an opening and closing ceremony for the event.

- *"Just wanted to say on behalf of the Year 4 team at HPS how great this afternoon's Olympic Festival was. The children were really buzzing and your young leaders were a real credit to you and all the work you do!"*
- *"Many thanks for running another successful festival - yet again the feedback I received from the year 4 staff was overwhelmingly positive."*
- *"The festival was very well organised this year our students really enjoyed it- well done and thank you" (Year 2 teacher)*

## GamesForce Event

20 Barnhill student leaders have taken part in the GamesForce Event Award this year which has given them the opportunity to train and volunteer at the London Youth Games. Last year, over 60 school teams from across London volunteered in a variety of roles such as physical activity leaders, event coordination assistants and ceremonies coordinators. Barnhill leaders have already volunteered at the London Youth Games, Spring Sportshall Athletics finals and are set to volunteer at Crystal Palace in the Fan Fest, helping Disability Sports coach's deliver inclusive sports session to primary school groups.



## Leadership Academy

In September 2015, the newly appointed student leaders took part in the SHSSN Leadership Academy launch at Barnhill Community High. Y9- 11 students from Barnhill (25) and Swakeleys (15) were inducted into the leadership scheme by Mr Squires and our Young Ambassadors.

Barnhill and Swakeleys now have over 100 students involved in leadership and volunteering over the course of the year. Many of the students have also undertaken leadership roles at taster weeks where they coached primary students in sports including tri-golf, dance, BMX, Taekwondo, footgolf and boccia and new age curling.

## Peer Leaders

In May 2015, ten student leaders from Barnhill and ten from Swakeleys took part in the Young Ambassador Peer Leaders conference. The programme aimed to empower Year 5 - 9 students to lead and deliver activities and to improve PE and school sport within their school. Funded by the Department for Education, this intervention programme aims to provide primary, secondary and specialist schools across England with the opportunity to increase the activity levels of the least active young people in their school. Inclusive and engaging delivery of this is led by the YA Peer Leader.

*"I found the Swakeleys students to be punctual, reliable enthusiastic and engaged with our pupils and the activities they were organising."*



## Leadership

Student leaders from Barnhill and Swakeleys are assisting sports coaches to run Change4Life Clubs at five local schools: Grange Park, Hayes Park, Belmore, Yeading Infants and Yeading Junior. These clubs help pupils to become more physically active enabling them to work together in small groups to overcome challenges and live healthier lifestyles. Barnhill and Swakeleys Student Leaders have organised and run their Autumn Change4Life festivals to primary students. Students were able to take part in a variety of sporting activities, where they were challenged and gained in confidence.



Barnhill and Swakeleys has also hosted four Sportshall Athletics events for both primary and secondary schools. Student leaders helped to set up and clear away the competition, officiated during the field and track events as well as record scores and times. They have been extremely helpful and have contributed to the smooth running of the competition along with the PE staff at Barnhill and Swakeleys.

### Leadership Academy Students:

**Barnhill Students:** *Billie Norris, Jessica Buckingham, Ross Girrard, Elhan Ismail, Kirsty Newell, Bradley Payne, Katherine Trevallion- Perrior, Kai Hall, Erik Encarnacao, Harley Randall, Emeely Caa, Pavel Salih, Stevie Kerr, Jason Daley, Anursijan Kalatharan, Megan Davies, Shumaiel Ali, Shokrola Amir, Jack Tucker, Fayrouz Ali, Kyle Canillas, Chantelle Baily, Natalia Dear, Lauren Delson, Nasrat Zarian, Nadeen Jalrezi, Ajmeet Kurana, Daniel Harris, Imran Abdi, Hardeep Bhamra, Roni Claxton, Megan Lort, Reanne Philogene, Tomass Petrons*

**Swakeleys Students:** *Grace Archer, Lydia Branch, Jessica Carter, Emily Challis, Lauren Charles, Cameron Frederick, Lauren Gait, Kiran Kaur, Alyssa Knightley, Emma McCaffrey, Levi Mccready, Olivia Philo, Izzah Shanawar, Evie Sibley, Rhiannon Stokes, Sophie Townsend, Satleen Bath, Charlotte Birch, Hope Catt, Melissa Gousmi, Tamara Greenidge, Holly Hall, Michelle McDonagh, Joanne Neal, Samantha Osbourne, Eden Osei, Petty Bethany, Katie Pollard, Katie Riddington, Sophie Sargood-Smith, Nancy Wetler.*



## Young Ambassadors

The Young Ambassadors programme was implemented after London was awarded the 2012 Olympic Games and is now embedded in schools around the country. Since the completion of the games the role of a Young Ambassador has become even more crucial in order to build upon the spirit and positivity created by the Olympics in order to increase participation in sports throughout the UK.

The main roles and responsibilities of an ambassador are:

- **To increase participation and healthy lifestyles in their schools.**
- **To promote the positive values of sport in and through sport.**
- **To be an ambassador and role model advocating PE and school sport.**
- **To be the young people's voice on PE and school sport in their school and communities.**



### PLATINUM LEADERS AT BARNHILL & SWAKELEYS

In September, Yasmine Ferguson (BHCH), Reece Farren (BHCH), Ellen Clarabut (SSfG) and Mikila Carter (SSfG) were appointed to the highest level of the Ambassador programme and were made Platinum Ambassadors. This was a direct result of all their hard work as Gold Ambassadors during the last academic year.

The students always demonstrate the ability to influence and inspire other young people, leadership and have excellent communication skills with both adults and other young people.

## Young Ambassador Conferences

### Silver Conference

In October 2015, the six newly appointed Silver Ambassadors from Barnhill and Swakeleys took part in the Young Silver Ambassador Conference at Barnhill Community High.

The keynote speakers at the conference were Yasmine Ferguson and Reece Farren (Platinum Ambassadors) and Kim Canillas and David Morgans (Gold Ambassadors).

The newly appointed Silver Ambassadors were all involved in the Student Leadership Scheme last academic year and had proved that were a talented performer and/or a committed leader and volunteer, were a role model in their school, were able to communicate with young people and adults and had shown a positive 'can do' attitude.





## Bronze Conference

Silver and Gold ambassadors from Barnhill and Swakeleys took primary assemblies and ran a conference for the Year 6 Bronze Ambassadors who are now:

- Running their own Change4Life clubs
- Part of school games organizing crews and school councils that have an input into PE and school sport at their school.
- Team leaders/volunteers at their school fixtures.
- Helping run the intra school competition at their school.

## Young Ambassadors 2016

### Platinum

Reece Farren (BHCH)  
Yasmine Ferguson (BHCH)  
Ellen Clarabut (SSfG)  
Mikila Carter (SSfG)

### Gold

David Morgans (BHCH)  
Kim Canillas (BHCH)  
Alex Rose (SSfG)  
Philippa Leckie (SSfG)  
Stephanie Greenwood (SSfG)  
Gracie Perkins (SSfG)

### Silver

Luke Miller (BHCH)  
Jamie Bryce (BHCH)  
Jodie O'Neil (BHCH)  
Anna Filbey (BHCH)  
Lizzy Bajegbo (BHCH)  
Holly Hall (SSfG)  
Bethany Petty (SSfG)

### Bronze

Grace Hook & Rajan Bedi  
(Hayes Park)  
Jasvinder Khaneja & Ruqiya Omar  
(Grange Park)  
Ashleen Sweet & Cameron Thomas (Belmore)  
Sachiel Gill & Keeratjyot Sareen  
(Yeading)  
Freddie Taylor & Emily Haar (Oak Farm)  
Niall O'Brien & Daniella Daoud  
(St Bernadettes)  
Ben Bell & Emma Nesbitt (St Andrews)  
Alfie Williams & Ellie Hook (Ryefield)  
Keira O'Leary & Yaseer Kueeembokus  
(Hillingdon)  
Fletcher Bevis & Erika Edwards (Highfield)

## Olympic & Paralympic Award Ceremony

All primary and secondary schools in SHSSN are currently nominating seven students for each of the Olympic and Paralympic values.

This will be celebrated at an awards ceremony at the Beck Theatre in June during the National School Sports Week and on the World Olympic Day. Parents, teachers, and school governors will be there to help celebrate the students' achievements. Last year, the guest speaker was Emma Croker, who is the 2014 Women's Rugby World Cup Winner.

This year our guest speaker is Steve Brown - Captain of the London 2012 paralympic GB wheelchair rugby team.

*"The Ceremony was fantastic, thank you for organising it! The children loved it and the parents and supporters that came were very impressed."*

## John Brennan Award

Last years we added an additional special award called the "John Brennan Award", which went to the individual that encompassed all of the values the most. This award is a legacy to John Brennan who sadly died last year, but who helped to make SHSSN what it is, by putting young people at the centre of sport in South Hillingdon Schools. Last year a well deserving Annie Hewitt from Swakeleys School for Girls won the award.



## Competitions & Festivals

SHSSN has increased the number of sports that students can get involved in this year by providing specific opportunities for students who don't normally take part. Our ethos at these festivals is to allow students to experience competition in a fun and inclusive environment.

We want students to learn that the Olympic and Paralympic values and fair play are important to succeed in sport and hope that they also take these in to their everyday life.

This year we have run the following sports for Y5/6 B and C Teams and Years 3 & 4 and Year 2: BMX, Taekwondo, Tri-Golf, Footgolf and Dance. We have also run the following Hillingdon Borough Primary and Secondary events: Sports Hall Athletics, Gymnastics, Quadkids, TriGolf and Handball.

## Inclusive Competitions

This year with the support of Meadow and Pield Heath RC School, we have also run 3 inclusive competitions for Special Schools and Mainstream Schools for pupils who may struggle to access other competitions.



Courage

Respect





## Primary Heads & Governors Comments

*"The girls are absolutely fabulous. All on time and very enthusiastic. A credit to the school."*

*"Please pass my thanks on to the Barnhill staff and students for a very well run and enjoyable event last night"*

*"Long Lane colleagues have said, 'We have found SHSSN invaluable.'"*

*"The children have thoroughly enjoyed all of the tasters and the awards ceremony was excellent. I hope you can continue to provide such a high standard of support in the future."*

*"It was heartening to see Barnhill Community High in partnership with other schools, leading such an uplifting event, where students simply shone. I was particularly impressed by not only the confidence and leadership skills displayed by our students but also by their commitment to high ideals of promoting "common good" and an attitude to "making a difference". I am sure such dispositions is a source of pride for staff, parents and wider community and also an excellent preparation for life for our students."*

*"We would take any opportunity to have support from secondary colleagues. This could be for an after school club, a series of PE lessons and/or training for staff."*





*“We have always valued and encouraged links between the primary and secondary schools. Our children are constantly enthusiastic about learning more sports but we do not have the necessary specialist skills within our staff.”*

*“We have benefited enormously from the support offered by the PE release. Events such as the Sports Festivals just would not happen if they were not arranged on our behalf and it gives all of our children opportunities to participate in sports competitions - not just those who excel. Previously it was mainly the children representing the school who took part in competitions but now all of our children expect to do so.”*

*“The opportunities our pupils have been given to take part in Olympic and Paralympic sports have been the envy of colleagues elsewhere and through them our children have gained a real understanding of the sports themselves as well as having a chance to play them. These opportunities are also leaving a legacy in our children and their families about being more active - which can only benefit our secondary school colleagues who will be receiving fitter Year 7 students keen to engage in a range of sports.”*





BARNHILL  
COMMUNITY HIGH



MEADOW  
HIGH SCHOOL



SWAKELEYS  
SCHOOL FOR GIRLS



BELMORE  
PRIMARY ACADEMY



OAK FARM  
INFANT SCHOOL



ST. BERNADETTE  
CATHOLIC PRIMARY SCHOOL



HAYES PARK  
PRIMARY SCHOOL



HIGHFIELD  
PRIMARY SCHOOL



HILLINGDON  
PRIMARY SCHOOL



RYEFIELD  
PRIMARY SCHOOL



ST.ANDREWS  
CoE PRIMARY SCHOOL



YEADING  
JUNIOR SCHOOL



GRANGE PARK  
INFANT SCHOOL



GRANGE PARK  
JUNIOR SCHOOL



YEADING  
INFANT SCHOOL