

07<sup>th</sup> June 2021

Dear Parents/Carers,

You will be aware that, as a part of your child's educational experience at Barnhill Community High School, we aim to promote wellbeing and development through our programme of Personal, Social, Health and Economic Education (PSHE) that gives our young people the knowledge, understanding, attitudes and practical skills to become happy and well-rounded individuals.

We aim for all our students to know how to deal with the challenges of the modern world, be informed about how to keep themselves safe and healthy and have good relationships with others. From September 2020 the Department for Education made Relationships Sex Education and Health Education compulsory in all schools. What does the new guidance mean? The new guidance focuses on healthy relationships and keeping children safe. It also covers a wide range of topics relating to physical and mental health, wellbeing, safeguarding and healthy relationships. Learning about the emotional, social and physical aspects of growing up, it will give young people the information, skills and positive values to have safe, fulfilling relationships and will help them take responsibility for their own well-being.

All of the sessions will be age-appropriate and meet the needs of all pupils in the class. How will this be delivered? This guidance will form part of our school's PSHE programme which is taught throughout the school in every year group by your child's form teacher. It will be monitored and reviewed regularly by the staff and Governing Body.

For more details about Relationships Sex Education and Health Education please visit the school's PSHE section on the website:

[PSHE and RSE - Barnhill Community High School](#)

All teaching will take place in a safe learning environment and be underpinned by our school ethos and values. A variety of opportunities will be provided for pupils to ask questions to further their understanding and to find out more about what affects them personally. We strongly encourage parents to discuss your child's experience with them following their PSHE lessons. We welcome feedback on how we can support your child's personal development further. If you wish to discuss any aspects of our session, please do not hesitate to get in contact with a member of our Pastoral team or email me directly on [esarre@barnhill.school](mailto:esarre@barnhill.school)

Yours sincerely

Ms E Sarre