

PSHE Curriculum Map: Years 7-11

Topic	Year 7	Year 8	Year 9	Year 10	Year 11
Rights, Responsibilities & British values	<p>Politics + Parliament 1 (Why is politics important)</p> <p>Politics & Parliament 2 (How is the country run)</p> <p>Politics + Parliament 3 (Setting up a Party)</p> <p>Politics + Parliament 4 (Campaigning)</p> <p>Politics + Parliament 5 (Big Debates)</p> <p>Politics & Parliament 6 (Exploring Parliament)</p> <p>Who is Boris Johnson</p>	<p>Law 3 - Desert Island Making Decisions)</p> <p>Law 4 - Criminal, Laws and Society</p> <p>Law 1 - Desert Island Living</p> <p>Law 2 - Desert Island Living Complete</p> <p>Law 5 - How are laws made in society</p> <p>Law 6 - Prison, Reform and Punishment</p>	<p>Conspiracy & Fake News</p> <p>Extremism in all its forms</p> <p>Terrorism (Far Right & Islamist)</p> <p>What are British Values</p> <p>The Radicalisation Process</p> <p>How does Counter Terrorism Work?</p> <p>Anti- Semitism</p>	<p>Critical thinking & Fake News</p> <p>LGBT + British Values</p> <p>What is a cult</p> <p>Exploring British Values</p> <p>Human Rights and their Importance</p> <p>Balancing Human Rights</p>	
Life beyond school	<p>Importance of sleep and Relaxation</p> <p>Getting to Know People</p> <p>Transition Point in Your life</p> <p>Careers and your Future</p> <p>FC - Financial Education</p> <p>What is Your Community</p>	<p>What are enterprise Skills</p> <p>Proud to be me</p> <p>Careers interests and Jobs</p> <p>Boosting Self Esteem</p> <p>FC -Labour Market Information</p> <p>FC - Exploring Careers</p>	<p>Failure to Succeed</p> <p>Social Media and Online Stress FOMO</p> <p>First Aid - How to Administer CPR (Defibrillators)</p> <p>Importance of Happiness - Improving Mental Health)</p> <p>Anger Management</p> <p>Employment & Financial Management</p> <p>Importance of saving money</p>	<p>Instagram Generation (Its Ok to feel down)</p> <p>FC - Targeted Advertising - Online</p> <p>Marriage - What is it? (Forced Marriage)</p> <p>Consumer Protection & rights</p> <p>Rights and Responsibilities</p> <p>Employment Rights</p> <p>Understanding a Payslip</p>	<p>Time Management - Technology</p> <p>LGBT (rights across the World)</p> <p>Dealing With Exam Stress & Anxiety</p> <p>Social Media Validation Vs Reality</p> <p>Writing a Personal Statement</p> <p>CV Writing</p>
Staying safe online & offline		<p>County Lines - What is it (Gang Culture)</p> <p>County Lines - Who is at risk</p> <p>Substance Misuse</p> <p>Grooming (Boys & Girls)</p> <p>Drugs - Alcohol and Society</p> <p>Cyber Bullying and online safety</p> <p>CEOP Lesson</p>	<p>Introduction to Drugs Education (Lesson 1)</p> <p>Drugs - Cannabis Products</p> <p>Drugs and their Classifications</p> <p>Drugs - Illegal Drugs (Party Drugs)</p> <p>Drugs Illegal - (Class A and B)</p> <p>Volatile Substance Abuse</p> <p>Different Types of Addictions</p>	<p>Honour Based Violence</p> <p>Forced Marriage + Breast Ironing + Flattening</p> <p>Online Gambling (Games In App Purchases)</p> <p>Social Media Validation</p> <p>Keeping your data safe (social Networks)</p> <p>Causes of Knife Crime</p> <p>Modern Day Slavery</p>	<p>Drugs - Substance Addiction</p> <p>Drugs - New Psychoactive Substances (Old Legal Highs)</p> <p>Drugs - Festivals and Nitrous Oxide</p> <p>Drugs and the War on Drugs</p> <p>Cosmetic and Aesthetic procedures</p> <p>Online Reputation and Digital Footprints</p>
Health & well-being	<p>Introduction to Puberty</p> <p>Puberty - Girls (Periods DOUBLE LESSON)</p> <p>Puberty - Boys (Wet dreams + Erections)</p> <p>Puberty - Personal Hygiene</p> <p>Puberty - Growing Up (Menstruation and FGM)</p> <p>Puberty - Assertiveness, consent & Hormones</p> <p>Puberty - Self Esteem + Empowerment</p>	<p>Health & Wellbeing</p> <p>Child Abuse (Physical and Emotional and Neglect))</p> <p>Types of Bullying & Responding to Bullying</p> <p>What is Mental Health?</p> <p>Positive Body Image</p> <p>Healthy Eating and cholesterol</p> <p>Stress What is it L1</p>	<p>What is a Penis - Body confidence</p> <p>What is a vulva - Body Confidence</p> <p>HBT - Bullying in all its forms</p> <p>Dealing with Grief and Loss (& stages)</p> <p>Media and Air brushing (unrealistic Body image Expectations)</p> <p>How Self Esteem Changes</p> <p>Cancer Prevention + Healthy lifestyles</p>	<p>Child Sexual Abuse (CSE)</p> <p>Screen Time & Safe use of Mobile Phones</p> <p>Suicide (Thought and Feelings)</p> <p>Self Harm (Causes and Support available)</p> <p>Common Types of Mental Ill Health (Anxiety, Stress and Depression)</p> <p>Promoting Emotional Wellbeing (Exercise and Mental Wellbeing)</p>	<p>Physical Health - Cancer (Testicular)</p> <p>Physical Health - Cancer (Cervical and Breast)</p> <p>Organ donation and Blood Donation</p> <p>Teenage Pregnancy - Choices</p> <p>Abortion (Laws, Moral, Thoughts and Feelings)</p> <p>RSE Love and Abuse</p>
Celebrating Diversity & Equality	<p>What is your identity?</p> <p>Nature Vs Nurture</p> <p>The Equality Act</p> <p>Breaking Down Stereotypes - Gender / Age</p> <p>Multicultural Britain</p> <p>Prejudice and Discrimination</p> <p>Challenging Islamophobia</p>	<p>LGBT + What is it</p> <p>LGBT + Homophobia in society</p> <p>Support someone (LGBT focus)</p> <p>LGBT - challenging Homophobia</p> <p>Transphobia</p> <p>LGBT - Coming out</p>		<p>World Issues - International Organisations</p> <p>World Issues 2 - Brexit</p> <p>World Issues 3 - Aid and Supporting other countries</p> <p>World issues 5 - Fair Trade</p> <p>World Issues 6 - Peace and War + Conflict</p> <p>Women's Rights</p> <p>#MeToo and Times Up Movement</p>	
Relationships & sex education	<p>Consent and Boundaries</p> <p>What does it mean to be a man in 2020?</p> <p>Managing Friendships & Relationships</p> <p>What Makes a good Friend</p> <p>Respect and Relationships</p> <p>Being positive + Self Esteem</p> <p>Peer Pressure and Influence</p>	<p>RSE - Sexual Orientation</p> <p>RSE - What is Gender Identity</p> <p>RSE - What is RSE</p> <p>RSE - Dealing with Conflict</p> <p>RSE - Healthy Respectful Relationships</p> <p>RSE What is Love?</p> <p>Introduction to Contraception</p> <p>Periods and Menstrual Cycle</p>	<p>FGM and the Law</p> <p>Y9 Sexual consent & Law</p> <p>RSE - Pleasure and Masturbation</p> <p>RSE - Delaying Sexual Activity</p> <p>RSE - Why have Sex?</p> <p>RSE - Relationships and partners</p> <p>What are STI's? (Main Types)</p> <p>Treating STI's & clinics</p> <p>Contraception - Fact Hunt / Show & Tell</p> <p>Contraception - Condom lesson</p> <p>Contraception Explored</p> <p>Sexual Harassment & Stalking</p> <p>HIV and AIDS</p> <p>HIV - Discrimination and Prejudice</p>	<p>FGM</p> <p>Sexting 'Nudes and Dick Picks'</p> <p>Online Pornography (Myths vs Reality)</p> <p>Domestic Abuse and Domestic Violence</p> <p>Sexualisation of the media</p> <p>Unhealthy Relationships, Sexual Assault and Rape</p> <p>Porn and its impact on Society - Lesson 2</p>	<p>Peer on Peer Abuse</p> <p>Fertility - what impacts it</p> <p>Alcohol, Parties and Bad Choices</p> <p>Importance of Sexual Health</p> <p>Revisiting Contraception</p> <p>Respect Love and Relationships</p> <p>Revisiting STI's</p>