

25th September 2025

Dear Parents/Carers,

I am writing to make you aware that as a part of your child's educational experience at Barnhill Community High School, we aim to promote wellbeing and development through our programme of Personal, Social, Health, Relationship Education (PSHRE). This gives our young people the knowledge, understanding, attitudes and practical skills to become happy and well-rounded individuals.

We aim for all our students to know how to deal with the challenges of the modern world, be informed about how to keep themselves safe and healthy and have good relationships with others. From September 2020 the Department for Education made Relationships Sex Education and Health Education **compulsory** in all schools.

What does the guidance mean?

The new guidance focuses on healthy relationships and keeping children safe. It also covers a wide range of topics relating to physical and mental health, wellbeing, safeguarding and healthy relationships. Learning about the emotional, social and physical aspects of growing up, it will give young people the information, skills and positive values to have safe, fulfilling relationships and will help them take responsibility for their own well-being. All of the sessions will be age-appropriate and meet the needs of all pupils in the class.

How will this be delivered?

This guidance will form part of our school's PSHRE programme which is taught throughout the school in every year group. For Years 7-10 it will be taught by their Social Science teacher in timetabled lessons. For year 11-13 it will be delivered through the tutor time programme. All teaching will take place in a safe learning environment and be underpinned by our school ethos and values. We strongly encourage parents to discuss your child's experience with them following their PSHRE lessons. We welcome feedback on how we can support your child's personal development further. If you wish to discuss any aspects of the curriculum, please do email Ms Ahmed (Curriculum leader for PSHRE) aahmed@barnhill.school

We are holding an information evening for parents who have any questions about the content/would like to see the resources on **Wednesday 8th October 2025 (slots on QR code)**. If you are considering withdrawing your son/daughter from the RSE unit, please ensure you attend to discuss alternative provisions with myself and Ms Ahmed. **To register please scan the QR below.**

Yours sincerely,

Miss C Love
Associate Assistant Headteacher

